# Defiance College Volleyball Private Lessons Waiver

Name of Participant:
In consideration of my child being permitted to participate in Private Volleyball Lessons at Defiance College, intending to be legally bound, do hereby for myself, my personal representative, heirs, and next of kin, release, waive, and forever discharge, and covenant not to sue Defiance College, the Defiance College Board of Trustees, Defiance College staff, or any of their employees, instructors, volunteers, agents and others who are involved in this activity, from all liability and for all loss or damage and any claim of damage, on account of injury or death to my child or property whether caused by negligence or otherwise while participating in Private Volleyball Lessons at Defiance College. I hereby state that my child is physically and mentally able to participate in the above referenced activity and has no health problems that would present risk in participating in this activity. I hereby give permission for transportation to any medical facility or hospital and I authorize for any qualified medical personnel to render necessary emergency medical care for my child.

I also understand that any participant who does not abide by the rules and regulations set forth by the camp and/or Defiance College is subject to dismissal without reimbursement or recourse.

Print Name of Parent/Guardian_	
Signature of Parent/Guardian	
Date	

#### **DC Private Lesson Registration**

Name of Athlete
Name of Parent
Contact Address:
City:
State:Zip:
Contact Phone:
E-Mail:
Please return this form to:
Lindsey Mesner, Assistant Volleyball Coach
Defiance College
701 N. Clinton St.
Defiance, OH 43512

Yellow Jacket Volleyball
Defiance College
701 N. Clinton St.

## Defiance College Volleyball

**Private Lessons** 





2010-2011



#### Head Coach David Kwan

Head Coach David Kwan will be entering his ninth year at the helm of the Yellow Jacket Program. In 2003 Coach Kwan won HCAC Coach of the Year honors after guiding the Lady Jackets to a school record 25-6 record. Kwan came to Defiance from Toronto, Ontario, where he served as assistant men's volleyball coach at Humber College. Kwan helped lead the Hawks to the school's first undefeated regular season and a top-four finish in the Ontario Colleges Athletic Association Championship. Prior to Humber College Coach Kwan was an assistant at York University.

In addition to his duties at Defiance College, Kwan also guides Premier Volleyball's 16-1 team, and has a hand in running many camps in Ohio, and Michigan.

Kwan earned a Bachelors of Arts Degree in Kinesiology and Health Sciences from York University in 1999, and a Masters of Kinesiology in Coaching from York in 2001.

In 2009 Coach Kwan led Defiance to a 22–11 Record, 1 Tournament championships, a 3nd place finish in the HCAC and a spot in the Conference Tournament Semi-Finals.

#### Assistant Coach Lindsey Mesner



Lindsey Mesner is in her second season as the assistant coach for the Defiance College volleyball program. She came to DC from Cedar Rapids, Iowa, after serving as the assistant volleyball coach for Kirkwood Community College.

Prior to her experience at KCC, Mesner was an assistant volleyball coach at Waldorf College, where she also taught wellness courses. Mesner has also gained valuable coaching experience at the high school and club levels, most recently acting as the head coach for the Prairie Volleyball Club's 17 and under squad.

Mesner is a 2002 graduate of Cornell College, where she earned a bachelor's degree in physical education. During her time at Cornell, Mesner was a four-year letter winner in both volleyball and basketball, earning captain's honors for both and being named as the volleyball team's most valuable player in 2002.

### Private Lessons



<u>WHAT:</u> Volleyball lessons. Working on skill development and fundamentals of Volleyball (You may pick which skills you want to work on)

<u>WHO:</u> Taught by Defiance College Volleyball Head Coach David Kwan or Assistant Coach Lindsey Mesner

**COST:** \$30/Hour for 1 person; \$50/hour for 2 people

#### **CONTACT:**

Assistant Coach Lindsey Mesner Imesner@defiance.edu or

419-576-2097